

**INTERNATIONAL OPEN CUP 2015 GALICIA  
ACROBATIC GYMNASTICS**





## DATES OF CELEBRATION:

- **27-28 FEBRUARY and 01 MARCH**
- Venue: Pabellón Deportivo A Raña de Marín (Pontevedra)

## REGISTRATION DATES

- **Preliminary Registration:** 05 January 2015 (Appendix I).
- **Final registration:** 26 January 2015 (Appendix II).

## FEES

- Registration fees are € 10.00 per gymnast to be paid in Banco Sabadell Atlántico National transfers: 0081 5290 79 0001039008 - International Transfers: IBAN ES34 0103 7900 5290 0081 9008 - BIC: BSABESBB . The deposit will be made along with final and named registration (January 26, 2015).

## GENERAL RULES

- All participants must comply with the General Competition Rules and Regulations FGX Licensing into force.
- All gymnasts must be in possession of a valid federation licence. In case belong to another Federation they shall attach along with the registration form, a certificate of the Federation containing licence number of the registered gymnast.
- The same gymnast will not be able to take part in any more than one category and / or modality.
- The notes and the classifications of the Galician gymnasts will serve for the autonomous ranking with a view to the revenue in the Galician selection of acrobatic gymnastics.
- Each club need to register a number of international judges according the following:
  - 2-10 gymnasts = 1 judge
  - 11 – or more gymnasts = 2 judges

*Failure to comply with this rule will be penalized with a payment of 200.00 € to be deposit in the bank account 0081 5290 79 0001039008 along with registration (January 26, 2015).*

- **The tariff sheets need to be submitted in the offices of the Galician Federation of Gymnastics as minimum 5 days before the beginning of the competition.**
- There will be only General Classification (All Round) in both competitions (Open and in the autonomous). All the competitors will receive a certificate of participation. The three first ones classified under every category and modality will receive the opportune trophy.



## PROVISIONAL PROGRAM

### Friday 27 February (Day of Evening)

- General Trainings between 16:00 and 20:30 (participants will organize according to place of origin of the clubs).

### Saturday 28 February (Day in The Morning and Evening)

- General Warming up.
- Preliminary Competition of Acrobatic Gymnastics.

### On Sunday 01 March (Day of Tomorrow)

- All Finals ( Open and Galician Competition)
- Delivery of Trophies

⇒ The program will be able to suffer modifications attending to the number of inscriptions and development of the competition. **Likewise the event will be able to be annulled in case of there being no sufficient inscriptions.**



## TECHNICAL REGULATIONS INTERNATIONAL OPEN CUP 2015 GALICIA ACROBATIC GYMNASTICS

### EVENTS

- Women's Pairs.
- Men's Pairs.
- Mixed Pairs.
- Women's Group.
- Men's Groups.

### CATEGORIES / GYMNASTS AGE'S

CATEGORÍE	AGE
Cadete	8-16 years (during the year of competition). Born between 2007 and 1999
Juvenil	9-16 years. Born between 2006 and 1999
Junior 1	10-18 years. Born between 2005 and 1997
Junior 2	11-19 years. Born between 2004 and 1996
Senior	12 years minimum. Born in 2003 and previous

### SPECIFIC PROCEDURE FOR CATEGORIES

#### 🚩 CADETE

#### 1. GENERAL REQUIREMENTS TO THE CADET CATEGORY - COMBINED EXERCISE

- 1.1. Will realize one combined exercise. Maximum DURATION 2 '30".
- 1.2. The technical and artistic evaluations (notes B and C) will be realized according the FIG code and procedures.
- 1.3. All pairs/groups need to present elements from Age-Group program (to see annexe) and optional elements from the FIG TOD.
- 1.4. They will be able to use optional elements from the Age-group program, providing that they are in different lines (Row) from the used like compulsory.



- 1.5. The maximum difficulty for all exercise will be of 0.5 pts
- 1.6. There will not be applied size deductions but artistic penalties will be applied.
- 1.7. The conversion of the notes of difficulty will be applying the following table:

Value of the difficulty	Note A (dif)
0.5	10.00
0.4	9.80
0.3	9.60
0.2	9.40
0.1	9.20
0.0	9.00

- 1.8. The individual the optional elements (used of the tables FIG) will not be used for the calculation of the final difficulty.
- 1.9. For every missed requirement 1.00 pt will be deducted.
- 1.10. In case of using elements prohibited (described in the code age group 11-16) a penalty of 2.00 pt will be applied.
- 1.11. Will be necessary to realize 4 individual elements:
- Two of category I (demonstrating variety).
  - Two of category II (will not be compulsory realize a salto).

## 2. SPECIFIC REQUIREMENTS

### 2.1. *PAIRS (women's, men's and mixed).*

2.1.1. Two balance exercises and two dynamic elements chosen from the tables Age-group (to see annexe). They need to be chosen from different lines.

2.1.2. One balance exercise from the FIG TOD (see point 1.3.). The difficulty value need to be between 1 and 16 pt, but will not count for the difficulty mark (note A).

2.1.3. One dynamic element from the FIG TOD. The difficulty value need to be between 1 and 14pt, but will not count for the difficulty mark (note A).



## 2.2. GROUPS (women's and men's).

2.2.1. One balance exercise (pyramid) and two dynamic elements chosen from the tables Age-group (to see annexe). They need to be chosen from different lines.

2.2.2. One balance exercise (pyramid) from the FIG TOD (see point 1.3.). The difficulty value need to be between 4 and 16 pt, but will not count for the difficulty mark (note A).

2.2.3. One dynamic element from the FIG TOD. The difficulty value need to be between 1 and 14pt (women's groups) and 1-10 (men's groups) and will not count for the difficulty mark (note A).

## JUVENIL, JUNIORS Y SENIORS

- Competition according to the procedure of the FIG codes for these categories.