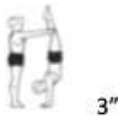
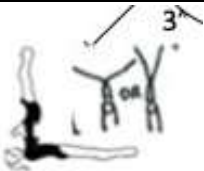
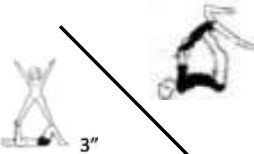
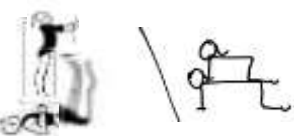
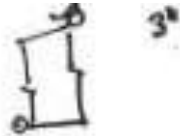
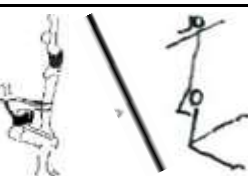
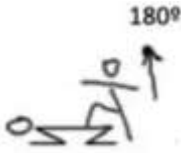
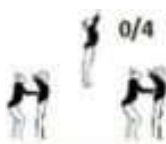
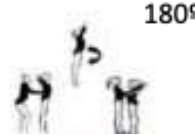
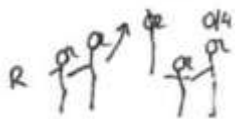
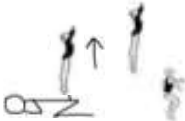
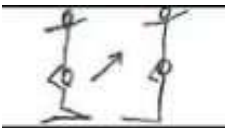
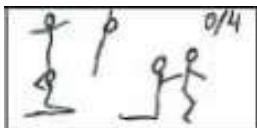
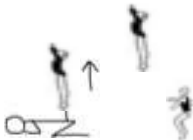
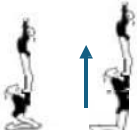
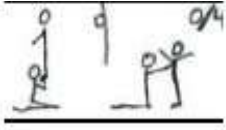
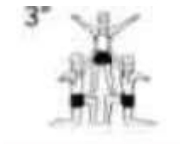
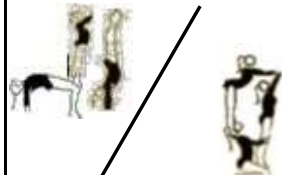
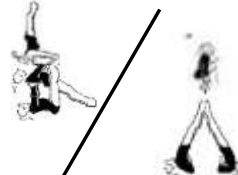


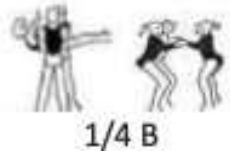
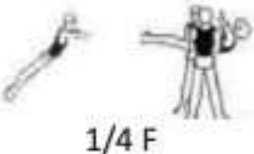
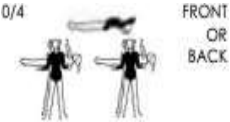
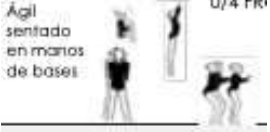
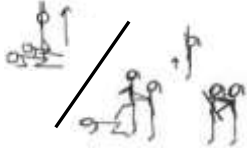
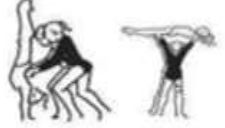


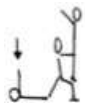
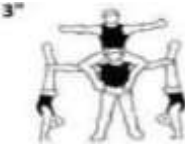
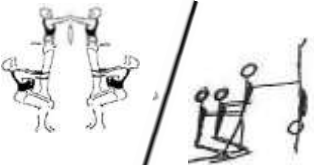
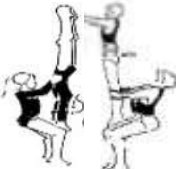
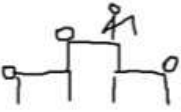
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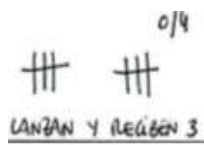
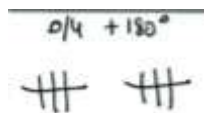
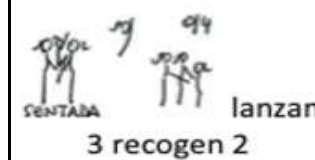
	A	B	C	D	E
ROW I					
ROW II					
ROW III					 Monkey o bolita
ROW IV					
ROW V					
	0	0,1	0,2	0,3	0,4

	A	B	C	D	E
ROW I					
ROW II					
ROW III					
ROW IV					
ROW V					
	0	0,1	0,2	0,3	0,4

	A	B	C	D	E
ROW I					
ROW II					
ROW III					
ROW IV					
	0	0,1	0,2	0,3	0,4

	A	B	C	D	E
ROW I	 1/4 B	 1/4 F	 1/4 B	FRONT OR BACK  0/4 FRONT OR BACK	FRONT OR BACK  0/4 180°
ROW II	0/4 F 	0/4 F  SENTADA de rodillas	0/4 F  Ágil sentado en manos de bases 0/4 FR	0/4 F  0/4	0/4 F  0/4
ROW III	0/4 B o F 	0/4 B 	0/4 B 	0/4 B  O R	0/4 B 
ROW IV	 (dejar caer a bandeja)	 1/4 Front sin soltar	 1/4 Front soltar al llegar arriba y captura en bandeja	 0/4 Timing sin soltar	 2/4 Front
	0	0,1	0,2	0,3	0,4

	A	B	C	D	E
ROW I			 posición libre de piernas en el pino	 monkey o bolita	
ROW II					
ROW III					
ROW IV		Tercer base agarre por las piernas 			 monkey o bolita
	0	0,1	0,2	0,3	0,4

	A	B	C	D	E
ROW I	 1/4 Front recogen 3	 1/4 Back recogen 3	 0/4 LANZAN Y RECUBEN 3	 0/4 + 180°	 CAMBIO BASE
ROW II	 0/4 F o gato bajo	 0/4 F (sentado) lanzan 3 recogen 2	 0/4 F SENTADA lanzan 3 recogen 2	 0/4 F lanzan 3 recogen 2	 0/4 F Lanzan 3 recogen 2
ROW III	 0/4 B o F	 0/4 B lanzan 2 recogen 2	 0/4 B Lanzan 2 recogen 3	 0/4 B Lanzan 3 recogen 2	 0/4 B Lanzan 3 recogen 3
ROW IV	 3 bases trabajando (dejar caer a bandeja)	 tercer agarre en los hombros	 1/4 B	 1/4 B	 Lanzan 3 recogen 2
	0	0,1	0,2	0,3	0,4